

First Holy Communion Lesson 2

The Mass: Liturgy of the Word:

The Liturgy of the Word is the part of the Mass where we listen to the Word of God. We reflect or think about how we can live our lives as God wants us to.

The Liturgy of the Word includes:

- Readings from the Bible
- The Homily
- The Creed
- The Intercessory prayers

Readings from the Bible

At Mass on Sunday we listen to four readings from the Bible:

1. The First Reading is from the Old Testament
2. The Responsorial Psalm
3. The Second Reading is from the New Testament
4. The Gospel Reading

The First Reading, the Responsorial Psalm, and the Second Reading are read by a lector, a person from the congregation who will read aloud to everyone gathered.

Each reading is specifically selected to connect with a theme that the Church wants us to reflect on that week.

The Gospel is read by the Priest or the Deacon. We stand when the Gospel is read to show respect to God who is speaking to us through his words.

The Homily

After the Gospel is read the Priest or Deacon will deliver the homily. During the homily the Priest or Deacon will explain the readings and show us how they apply to our lives.

The Creed

After the homily we stand and will proclaim the Creed together. The Creed is a summary of our core beliefs that make-up our Catholic faith. (Students do not need to memorize this prayer but should be familiar with it)

The Creed

I believe in one God, the Father Almighty, maker of Heaven and Earth
Of all Things visible and invisible.
I believe in one Lord Jesus Christ
The only begotten son of God, born of the Father before all ages.
God from God, Light from Light, True God from True God,
Begotten, not made, consubstantial with the Father:
Through Him all things were made.
For us men and for our salvation he come down from heaven,
And by the Holy Spirit was incarnate of the Virgin Mary
And became Man.
For our sake he was crucified under Pontius Pilate
He suffered death and was buried and rose again on the third day in accordance
with the scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will
have no end.
I believe in the Holy Spirit, the Lord the giver of life, who with the Father and the
Son is adored and glorified
Who has spoken through the prophets.
I believe in one, holy, catholic and apostolic church.
I confess one baptism for the forgiveness of sins, and I look forward to the
resurrection of the dead and the life of the world to come.
Amen

The Intercessory Prayers: Prayer of the Faithful

This is a special time that we as a group will ask God to remember us and our loved ones. We can ask for God to take care of us, help us to be strong and or handle difficult times. We pray for the needs of all God's people and church leaders.

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